



Clean Start
Creating Second Chances



GROWTH & DIVERSIFICATION

QUARTER TWO 2022 NEWSLETTER



Greetings!

As we review the first half of 2022 and strategize how to optimize our impact in the second half of the year, we've already begun to see a season of connection, influence, and advancement.

I think we could all use a little good news. I recently had the honour of attending the Wellbeing Summit organized by The Wellbeing Project in Bilbao, Spain, sponsored by the Segal Family Foundation. What a summit it was! With participation from over 1000 stellar social entrepreneurs and experts from across 60+ countries, who had marvelous stories of strength and courage, this was one of the most unique and authentically human events I have attended in a long time.

We covered the sensitive topic of well-being with such alacrity and kindness that has a lot

to offer for others to learn. My biggest takeaway, that I'm bringing to our community, is that well-being must be integrated structurally in our public policy to create a conducive environment that, in the first place, prevents distress and anxieties among people.

Additionally mental health support must be accessible to everyone whenever needed. I'm inspired and encouraged to expand the crucial services we offer our constituents, especially during this age of anxiety and depression, by ensuring all imprisoned and formerly imprisoned women take our Ufunuo Program on self-awareness and healing, and are in the peer-led Circles where they have access to community and economic opportunities and so much more post-release. Kudos to the organizers for a remarkable summit.

Thanks to your support, it has been such an action-filled quarter with progress which is all covered in detail in this newsletter. I hope it sheds light on how crucial our work continues to be and that it inspires you to join us to do much more, through the various ways highlighted in the publication.

We have successfully transformed the lives of hundreds of imprisoned and formerly imprisoned women, girls within the Juvenile Justice System and their children through responsive

caregiving programs, all through collaborative effort. These are not just numbers. They are people with names, dreams, stories, who like us deserve a decent sustainable means of livelihood in dignity.

We have power to offer the opportunities if we mobilize it. Taking action is necessary.

WE CAN AND WE MUST. Onward.

Teresa Njoroge,
Founder & CEO.

CIO's Statement

Breaking new frontiers has been the underlying theme for the past quarter where Clean Start has seen growth and diversification in its operations as well as programs. Starting us off on a high note was the Circles of Healing team which pioneered the Ufunuo psycho-social peer-led Training of Trainers program at the Industrial area Remand Prison. The pilot project with the imprisoned men and male prison officers will inform the modeling of the program to their lived-in experiences. This is in line with our vision of reimagining justice, to reclaim destinies for all.

Our friends, the East Africa Philanthropy Network released a report that highlighted that 8% of Civil Society Organizations in the region adopted faith-based models in their fundraising platforms. The low uptake, which was due to numerous factors, is an opportunity to explore new ways of building relationships for more impact – particularly with faith-based communities. This quarter was spent in reading and exploring how to curate faith-based fundraising models within the context of our region.



As a good understudy, we were privileged to join various learning platforms and were featured in the [Amaly podcast on faith-based giving models](#).

The panel discussion included Karl Shuker, Global Director MENA International Rescue Committee; Matt Hyan, Senior Church Engagement Specialist of World Vision UK; Melissa Spas, Managing Director, Lake Institute on Faith and Giving; Lily Family Group of Philanthropy Indiana University and Shadi Ghrami, Senior Islamic Philanthropy Officer

UNHCR. I recommend that you tune into the Catalyst 2030 podcast platform to listen to the insightful discussions and hear our story on the journey to building the platforms.

We thank you for your continued support and goodwill towards our work in ensuring that persons impacted by the justice systems

have their dignity and hope restored through various interventions. We wish you the very best, as you make a difference in your sphere of influence; as always – Onwards and Upwards, together.

Susan Kihara-Nguu

CIRCLES OF HEALING

Trainer of Trainers at Industrial Area Remand Allocation Centre

We carried out the first ever Trainer of Trainers (ToT) program at Industrial Area Remand Allocation Centre, a men's prison. Seven senior officers and 15 imprisoned men took part in the four-day training session.

The Trainer of Trainers is an off shoot of our Ufunuo Program aimed at training imprisoned men and women so that they can offer the Ufunuo Program to their colleagues.

The Ufunuo Program is a course which takes imprisoned and formerly imprisoned persons on a journey of self-discovery.

Its aim is to reconcile them to themselves, their families and the community to make a difference in the society.

Upon the completion of the program, the ToTs will be able to provide mentorship and coaching to imprisoned and formerly imprisoned persons, walking with them as they reintegrate back into society.

So far, we have trained 15 ToTs comprising of imprisoned and formerly imprisoned men and women.



Imprisoned men taking part in the Ufunuo Trainer of Trainers Program



The prison officers also took part in the training



This is the first Ufunuo training among imprisoned men and male prison officers

Ufunuo Program on the Outside: Nakuru

Eight formerly imprisoned women took part in our Ufunuo Program on the outside. The 5-day training took place at Nuru Hotel, Nakuru.

On completing the course, many of the trainees spoke about the timeliness of it, with many saying that the program was relevant and was going to support them in their day to day lives.

"My husband died and I hadn't seen him for 17 years (he lived abroad). This broke me, I couldn't control my emotions. But thanks to the training, I have learned to manage my emotions. This has helped me even in my dealings with my children. They were also broken and because of the state I was in, I couldn't be there for them.



Trainees of the Ufunuo Program at Nuru Hotel, Nakuru

But during the training I started talking to them. They are planning to come home and see me so that we can come together as a family again." Judy, Nakuru Circle Leader

"I lacked self-awareness. I didn't know where I was going or coming from. But through the Ufunuo Program I have learned that self-awareness is a journey. I am starting my life afresh." Wangui

"What stuck with me during the training is forgiveness. Anger is what led me to prison. But during the training, I realized that if I had forgiven the one who wronged me, I wouldn't have ended up in prison. I've learned that forgiveness is very important." Linet



Trainees of the Ufunuo Program at Nuru Hotel, Nakuru

ADR Training for Probation Officers and Chiefs

12 probation officers from Murang'a, Nyeri, Thika, Machakos and Nairobi counties as well as five chiefs took part in the Alternative Dispute Resolution (ADR) training program. The aim of the ADR Training is to sensitize the probation officers and chiefs on alternative mechanisms of resolving conflict between affected parties.

The objectives for the training included: -

- i. To understand diversion and its application in Kenya's judicial system
- ii. The role of the police, probation officers and chiefs in promoting access to justice - to provide an understanding of the role the beneficiaries may play in ring-fencing protection of rights and access to justice



With the officers at Narok Women's Prison



Meeting with the Ufunuo trainees



The imprisoned women were presented with menstrual cups and panties with which to manage their menstrual hygiene

Machakos Women Prison

We also partnered with Upendo Foundation to distribute re-usable sanitary towels and menstrual cups to Machakos Women Prison.

During the visit, we met with our Ufunuo Program trainees who talked about the tremendous impact the program has had in their life, especially when it comes to reconciliation with family which is key for successful reintegration.

**Restore a woman's dignity for
KSh500/\$5 only**

All women and girls should be able to manage their menstruation hygienically, safely, in privacy and with dignity.

M-Pesa
Paybill: 543268
Account: Dignity Pack

Paypal
cleanstart@gmail.com

DROP-OFF POINT
School Lane 31,
House Number 3, Westlands



For just 500 bob a woman in prison is able to manage their hygiene for a month with pads, toilet paper and soap for a month

CONTACT
0735 535 164
support@cleanstartkenya.org

www.cleanstartkenya.org



Circle Meetings

Circles (of Healing) are social peer-led groups that provide a safe healing space for imprisoned and formerly imprisoned women. These enables the women to build resilience, connections and reconciliation that results in effective transition and reintegration. This process is required for physiological wellbeing of imprisoned and formerly imprisoned women.

Mombasa Circle

We met with the women in the Mombasa Circle to organize and prepare for the registration of the Mombasa Chapter.

Seven women joined us at Parkside Hotel, Mombasa where they shared the challenges they are facing and the plans they have for the Mombasa Chapter.



During the Circle Meeting, Mombasa

Machakos Circle

We also met with the Machakos Circle. In preparation for registration as a self-help group, the women elected their leaders, set a schedule to hold monthly meetings and mapped out a savings plan which will see each member contribute a certain amount monthly.



Clean Start Program Assistant Faith Luti (centre in black) and Program Manager Jane Ouma (second, right) with the Machakos Circle



Tables of Support Program Manager, Jane Ouma (centre) speaks to the women in the Machakos Circle

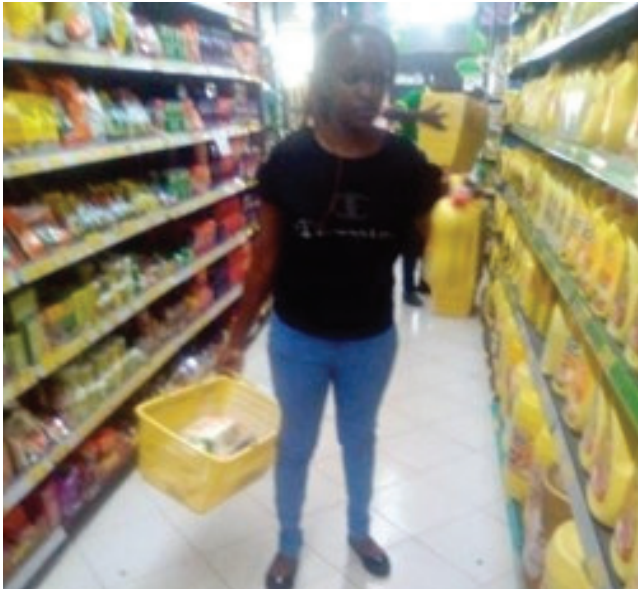
New releases

As per our mandate, our Ufunuo trainees are received at the gate by the area Circle Leader upon their release. This helps to bridge the gap between prison and the community particularly for those women who have no family members to receive them at the gate.

The women are presented with shopping to start off life on the outside and are escorted to their homes. The Circle Leader also invites the new releases to join the Circles of Healing on the outside, where she finds a community of women who can support her in her reintegration journey.



Murang'a Circle Leader Ann receiving Ufunuo Trainee Jane at the gate of Murang'a Women's prison upon the latter's release



Shopping and receiving the dignity pack

Children and Girls

KCPE 2021

11 girls at Dagoretti Rehabilitation School sat for the 2021 Kenya Certificate of Primary Education (KCPE) exams. *Leah Neema emerged as the top candidate not only in Dagoretti but in all the government-run rehabilitation schools with 243 out of 500 marks. Leah has successfully transitioned on to high school thanks to Clean Start's intervention which saw her relatives offer to support her with school fees.

*Name changed

Challenge

Girls in rehabilitation schools face an unfair disadvantage when it comes to their education. Despite having to sit for the same national exams as their counterparts on the outside, these girls lack teachers and learning materials necessary to prepare them for the exams.

Mentorship session

We partnered with For The Love of Girls to carry out a mentorship programme for the girls at Kamae Girls Borstal Institution.

For The Love of Girls is a non-profit organization that fights for menstrual equity through the distribution of long-term and sustainable reusable menstrual products, offering women a reliable and lasting solution to menstrual health management.

We are currently running a six-month programme for the girls at Kamae covering:

- ▣ Sexual and reproductive health (under standing your body)
- ▣ HIV AIDS and STIs
- ▣ Pregnancy and puberty changes
- ▣ Gender-based violence
- ▣ Building confidence and life skills



Children and Girls Program Officer, Terry Bii (third from the right) and Communications Officer Audrey Masitsa, (far right) with the team from For The Love of Girls at Kamae





During the reproductive health training



The girls also received reusable sanitary pads

Development of National Guidelines for Children of Incarcerated Parents

Stakeholders working with children of incarcerated parents came together to discuss the development of national guidelines for children of incarcerated parents (men and women). This came in the wake of a study of children of imprisoned mothers done by the Department of Children's Services (DCS).

The objectives of the guidelines are:

- To enhance child protection systems of the imprisoned mothers
- To access the problems faced by children of imprisoned mothers
- To examine child protection mechanisms and linkages between DCS and Kenya Prisons Services on imprisoned mothers

■ To make recommendations on enhanced child protection systems for children for imprisoned mothers.

During the workshop, it was found that the children of imprisoned fathers also face similar challenges to those of imprisoned mothers. Thus, they too need to be included in the guidelines and policy being developed.

A draft of the guidelines is currently being created after which they will be reviewed. These guidelines will be used alongside the Child Protection Policy currently in the final stages of development.



The workshop was held to discuss the development of national guidelines for children of incarcerated parents

KPA Meeting in Mombasa

Clean Start was invited to be part of the annual Kenya Paediatrics Association Annual Scientific Conference at Paradise Inn Hotel, Mombasa. The theme of this year's conference was 'Life course approach to child health'.

We had the opportunity to raise awareness on the plight of children who serve time behind bars with their mothers.

A countrywide clothes donations drive was launched after the conference. Children accompanying their mothers to prison often lack necessities such as clothing which they rely on well-wishers to provide. The clothes,



Circles of Healing Program Manager Cippie Omollo (second, right) with Dr Susan Wamithi, Consultant Developmental Paediatrician (third, right) and Dr. Angela Migowa, Paediatric Rheumatologist (third, left) both of Kenya Paediatric Association our strategic partner matters children accompanying their mothers in prisons

Clothes Donations Drive

We sincerely appreciate your support towards children who accompany their mothers to prisons. Here is the information requested:

Time of drop off
9am - 4pm.

Day of drop off
Monday - Friday

Point of drop off
Westlands, School Lane No. 31, Hse. No. 3

Clothes can also be dropped at the following Women's Prisons:

- Nakuru
- Nyeri
- Thika
- Isiolo
- Embu
- Murang'a
- Busia
- Mombasa
- Narok

CONTACT:
0735 535 164
support@cleanstartkenya.org

Clean Start

KENYA PAEDIATRIC ASSOCIATION

Case study: Rachel

At Clean Start, we're working tirelessly with other stakeholders to ensure that girls who are or have been in rehabilitation schools are protected from practices that cause harm and suffering and are given a second chance.

Rachel, a beneficiary of a personal development programme we ran at a rehabilitation school, is grateful for the mentorship she received from Clean Start.

"When I met Clean Start I had a negative

attitude but after the sessions, I was able to change my attitude and now I feel like my life is moving in a positive direction."

Now in Form Three, Rachel met Clean Start in 2019. She ended up in a rehabilitation school after a slew of family issues but with Clean Start's help, she has continued with her schooling and is doing well.

"The other girls in my cohort still remember the training and acknowledge that without it, we wouldn't be where we are."

In line with this year's theme, Rachel urged society not to judge children who end up in rehabilitation schools.

"We aren't bad people," she said, adding, "I'd ask the government to ensure that children in rehabilitation schools are well provided for. That they have enough teachers and learning materials, and to allow organisations like Clean Start to continue supporting these rehabilitation schools to help the students start life anew."

Do you wish to support girls in juvenile rehabilitation schools? You can support them with school supplies and offer mentorship. To partner with us

contact us on: **+254 735 535 164** or via email **support@cleanstartkenya.org**

Clean Start

KEEP A GIRL IN SCHOOL
For just KSH. 1700, support a girl for a term

- Sanitary towels • KSH165
- Toothpaste • KSH197
- Toothbrush • KSH90
- Body lotion • KSH152
- Bathing soap 3-pack • KSH156
- Toilet paper (4 pack) • KSH108
- Bar soap • KSH137
- Washing powder • KSH252
- Shoe brush • KSH110
- Shoe polish • KSH210
- Petroleum jelly • KSH85
- Pen • KSH21
- Pencil • KSH20
- Eraser • KSH17

M-PESA
Paybill: 543268
Account: Your name

PAYPAL:
cleanstartkenya@gmail.com

DROP-OFF POINT
School Lane 31,
House Number 3, Westlands

+254 735 535 164
support@cleanstartkenya.org

www.cleanstartkenya.org

TABLES OF SUPPORT

Formation of Self-Help Groups

In Quarter Two we continued with the registration of self-help groups among the women in our different chapters.

To reach more women and have a bigger impact on their lives and the communities they reside in, we saw it fit to form self-help groups. In these groups, the women have an easier time accessing loans and grants from financiers. They can also do table banking.

They have the recognition of the local authority as legitimate business owners and are now able to do business without discrimination. This greatly reduces the stigma they have to contend with from their peers.

Women who have been recently released from prison, are assured of a soft-landing since they can turn to the self-help group in their locality for assistance. Clean Start's presence on the ground is being felt. This has increased the buy in from the community when it comes to the successful reintegration of formerly imprisoned women.

Three self-help groups were formed between April and June namely Pace setters', Mombasa and Machakos.

Business Evaluation

As part of our revolving fund, we continue to journey with business owners who have been provided with loans to start or grow their businesses.

These women are provided with a business loan of KSh15,000 that they are required to pay back with an interest rate of 1%. We have seen an increase in the number of

women who are now paying back their loans consistently and without financial strain: 70% of the businesses are stable while the loan repayment is at 80%. This is an indication that there is improved household income among the women.

This is a testament to the improved business environment despite the current rates of inflation and after the aftermath of the Covid-19 pandemic that threatened to rob these women of their source of livelihood.

Business and skills training

The women also continue taking part in various business and skills training opportunities, helping them upskill and be more intentional in running their businesses.

Betty Khaguhia – A businesswoman making waves in the online world



Betty Khaguhia, owner of Kisasa Jikoni

Betty Khaguhia is a businesswoman and formerly imprisoned woman, a title she embraced upon completing the Ufunuo Program on the Outside earlier this year.

"I will now wear the title of formerly imprisoned women with pride because I'm no longer imprisoned. I have learned self-acceptance."

Betty, who is one of Clean Start's Trainer of Trainees, and the pacesetter in matters digital business, runs Kisasa Jikoni, an online store that sells a myriad of items such as household goods, clothing, and toys.

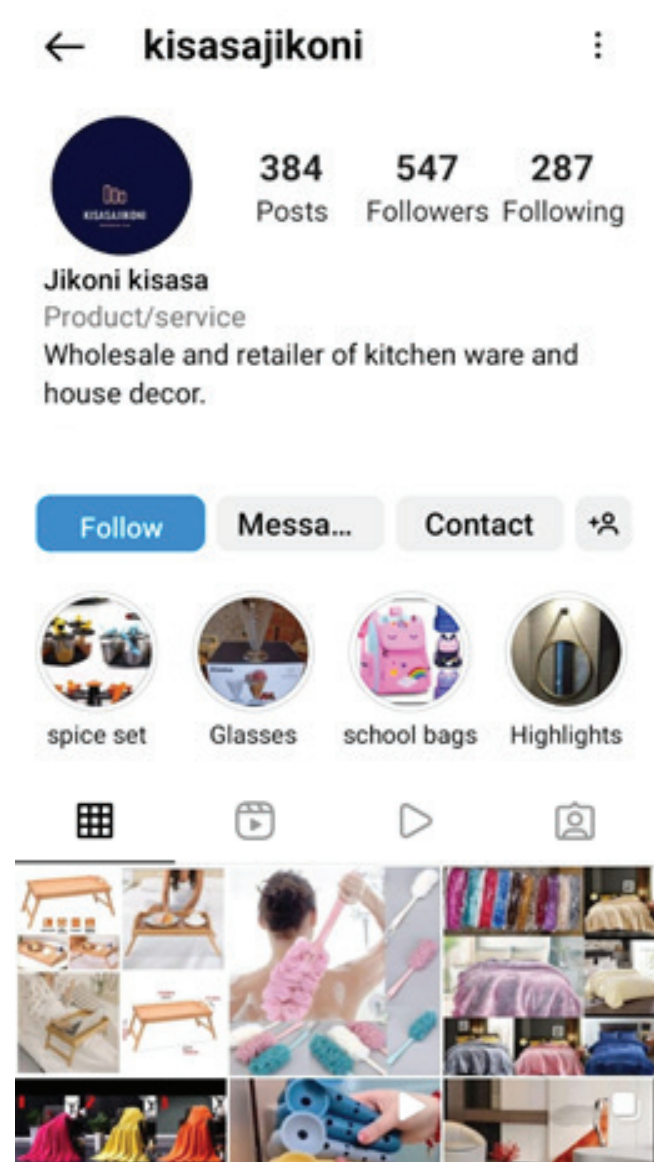
"Before I went into business, I was working at a restaurant. But when Covid-19 hit we lost our jobs."

Betty's friend, who runs a similar business, introduced her to the ins and outs of running a store.

"She's an importer so she needed a shop attendant. That's how I started. I was the one doing deliveries and sitting at the shop in case a client came.

"After a year, I had learned how the business works. That's when I started my own."

Betty imports goods from China which she then sells through her Instagram page ([@kisasajikoni](https://www.instagram.com/kisasajikoni)) and her shop in Nairobi CBD.



"My clients come from online. I pay for advertising on Instagram so that's how they find me."

In these times when everything has migrated online, Betty has an edge over retailers who had started with brick-and-mortar shops and are now grappling with getting themselves recognized in the digital space. She has narrowed down her audience, made a name for herself and now has repeat customers, some of whom are out of the country.

"I have clients whom I have never met and yet, they buy from me constantly, some of them in bulk. They send me money and I send them their goods."

While working as an accountant, some money at her place of work got lost. Betty was sentenced to two years in prison.

"I was charged with stealing by servant. I was released after serving five months due to prison overcrowding," Betty explained during a COFIW Monthly Meeting.

"I was married with one daughter. My husband stood with me throughout the trial process so when I went to prison, I knew that I had a family to go back to."

Unfortunately, this was not to be. When she was released, nobody knew that she was out of prison since it was an unforeseen release. She made her way back home only to find another woman living in her house.

"At first I thought that I was in the wrong house."

On speaking to her husband, he told her that he had moved on and that their daughter was now living with Betty's sister. This was a great blow.

"I cried a lot. I took time off to heal my heart. I didn't look for a job at first and instead focussed on restructuring. I was then living with my sister."

Betty then started looking for a source of income.

"My degree meant nothing. I couldn't get a Certificate of Good Conduct [which many employers need before hiring you] and so I couldn't get formal employment. I turned to casual jobs like washing people's clothes which enabled me to put food on the table."

It was upon meeting her friend who introduced her to errands and deliveries that she got her breakthrough and ventured into the online business world selling household goods. She has since branched out and expanded her business to include clothing items, toys, etc.

"With the worsening economy, I stopped importing goods. The high dollar rate meant that I'd have to price my goods too high to make a profit. So, I turned to sourcing from local wholesalers. So far so good."



Betty making a presentation during the KCB Foundation visit to the Clean Start offices

Apart from running her business and being a ToT, Betty is also pursuing her Master's degree. She is taking part in a skincare training organized by Clean Start in partnership with Kezula Skincare.

Follow **Kisasa Jikoni**





PARTNERSHIPS

Dreamz Deferred Inc.



We partnered with Dreamz Deferred Inc. who will provide digital access and training and connection to Rotary International Grant.



Scented candles
Each 450kshs
Assorted 17 flavors available

KCB Foundation



Through their 2jjajiri program, KCB Foundation will offer mentorship and education to the women and girls impacted by the criminal justice system.

The Radical Leap Group



The Radical Leap Group provides helps small to medium enterprises to design strategic solutions geared towards growth and expansion. They are supporting us with strategy development and sustainability solutions.

Impact Philanthropy Africa Forum



Impact Philanthropy Africa is a forum of self-funded corporate and private charitable foundations working in Kenya to create social impact. They are giving us support in linkage, capacity building and networks.

Carakana



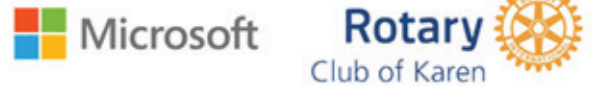
A social enterprise that facilitates the transfer and preservation of indigenous skills, in production of quality handmade items for sustainable livelihoods and wellbeing of vulnerable groups, Carakana will support us through economic empowerment.

East Africa Philanthropy Network (EAPN)



EAPN is a network that brings together trusts and foundations in East Africa with the aim of promoting and growing a culture of giving. They are offering Clean Start marketing, networking, linkages and communications support.

Microsoft & Rotary Club of Karen



The Rotary Club of Karen and Microsoft has offered us support in digital learning and mentorship of the women in and out of prison.

European Business University



The European Business University is offering our staff and women training in business, leadership, gender and development.

Amaly Legacy



Through Amaly legacy, we have set up Clean Start's digital fundraising platforms.

PadMad



PadMad is a Kenyan social enterprise working on addressing period poverty by providing a sustainable solution such as reusable pads. In line with our mandate of equipping formerly imprisoned women through economic empowerment, PadMad will offer support in setting up Clean Start's textile hub where the women can carry out various business activities.

Girls For Girls



Based in Uganda, Project Girls for Girls seeks to empower young women with the courage, vision and skills needed to take on leadership. G4G helps women achieve their ambitions through provisioning access to professional mentorship, skills-based tools and a global network of female leaders.

They will provide mentorship and training support for girls in the juvenile justice system.

Fair Justice Initiative



The Ghanaian non-governmental organization has partnered with Clean Start in advocacy, reintegration and economic empowerment. The Fair Justice Initiative's mission is to combat discrimination against current and former inmates, ensure equal access to effective legal representation, and to improve the conditions of confinement in Ghanaian prisons.

SisterZ of Faith and Hope, Inc



Based in Uganda, Project Girls for Girls seeks to empower young women with the courage, vision and skills needed to take on leadership. G4G helps women achieve their ambitions through provisioning access to professional mentorship, skills-based tools and a global network of female leaders.

They will provide mentorship and training support for girls in the juvenile justice system.

AdvocAid



AdvocAid works with girls and women caught up in Sierra Leone's unjust legal system. They provide holistic access to justice via free legal representation, education empowerment, detainee support and a moving forward

International Commission of Jurists - Kenya



ICJ-Kenya is supporting Clean Start in research and advocacy.

We partnered with ICJ-Kenya to launch and forward our research report on *Re-thinking the Bars: Opportunities in Access and Administration of Justice for Women Who Commit Petty Offences*.

This research report seeks to identify the divergences in access to justice and human rights violations of women petty offenders in Kenya.

Our key outcome is to identify some of the opportunities in access to justice for women who have committed petty offences. Ultimately, we look forward to building a strong policy advocacy strategy that will involve our constituents to hold the government to account at both the county and national levels, protect the dignity of arrested persons and uphold human rights for all.

Clean Start partnership with Kenya Prisons Service on the Rapid Results Initiative



Teresa Meets up with Susan Burton in New York



Clean Start Founder and CEO Teresa Njoroget met with Clean Start friend and partner Susan Burton.

Ms. Burton is the founder of A New Way of Life, a non-profit organization based in California, USA, that provides housing and other support to formerly incarcerated women. She is nationally acclaimed advocate for restoring basic civil and human rights to those who have served time.

Ms. Burton struggled to rise above a life of poverty, violence, and loss, and was enmeshed in the cycle of mass incarceration for nearly two decades. After being released from prison for the sixth time, Ms. Burton was finally able to access recovery services in an affluent area of Los Angeles.

There she discovered and embraced opportunities that were never offered before. She became determined to bring those resources to areas plagued by poverty and over-incarceration.

An Activist, Transformative Leader, Author, Social Entrepreneur and Survivor, Ms. Burton believed in Clean Start's work and is support

supporting us to set up the pioneer Clean Start Centre, whose aim is to provide access to safe, affordable, and stable accommodation that meets the specific needs of women leaving prison in Kenya.

According to Prison Reform Trust (2018) many women lose their homes while in custody and 60% of women prisoners may not have homes to go to on release.

From our lived experience, a safe living space guarantees formerly imprisoned women a stable platform from which to access psycho-social support, economic opportunities and reduce the likelihood of reoffending.

Having one of their necessities met, access to housing, the formerly imprisoned women are able to focus on getting a stable job, address health problems and learn new skills with which to access economic opportunities.

Thus, safe, and secure housing is crucial in breaking the cycle of offending and the harm it causes to our communities, to the women involved and to their families.

It is this that informed our goal of setting up the first ever safe house for formerly imprisoned women and their children. Our objective is to provide access to safe, affordable, and stable accommodation that meets the specific needs of women leaving prison in Kenya.

We are determined to offer each woman an integrated, safe healing space, long-term and non-judgmental support until she is ready to move on.

We are pleased to note that Ms. Burton is supporting us to set up the first ever Safe House in Kenya.

Q2 OUTCOMES

Ufunuo Program

We are now strengthening the Ufunuo Program to suit four purposes: -

- Rehabilitation and reintegration of imprisoned persons
- Leadership program for the justice actors
- Alternative sentencing
- Income generation

The COVID-19 pandemic accelerated the adoption of technology in the correctional institutions and Judicial system. This has enabled us to scale up our connections with the imprisoned persons and in the provision of programmes.

So far, we have offered our Ufunuo program to nine women's prisons namely Langata, Murang'a, Thika, Embu, Busia, Narok, Nyeri, Machakos and Nakuru.

In the first half of 2022 we have trained and graduated 123 women – 17 formerly imprisoned women and 106 imprisoned women. To date we have trained 178 women and 15 men.

The biggest challenge remains the acquisition of laptops, connectivity and digital skills. Through our partnership with Dream Deferred, Microsoft, and the Rotary clubs we hope to address this challenge.

Children Accompanying Their Mothers To Prisons

There are currently 250 children accompanying their mothers to prisons across Kenya.

In partnership with the Africa Early Childhood Network (AfECN), Kenya Prisons Service (KPS), Department of Children Service (DCS) and other partners, we are in the process of developing a capacity development plan for KPS officers and childcare givers on responsive

caregiving. The draft capacity toolkit is ready. We will be deliberating an approach to roll out this process beginning with a pilot with a few prisons (those around Nairobi) i.e. Thika, Machakos, Langata to test the toolkit.

caregiving. The draft capacity toolkit is ready. We will be deliberating an approach to roll out this process beginning with a pilot with a few prisons (those around Nairobi) i.e. Thika

ACTIVITIES

Catalyst 2030 Webinar

The poster is for a webinar titled "ALTERNATIVES TO THE MASS INCARCERATION OF WOMEN AND CRIMINALIZATION OF POVERTY" during "CATALYSING CHANGE WEEK" and "CATALYST 2030". It features five speakers: Teresa Njoroge (CEO & Founder of Clean Start Kenya), Joanne Mutonga (Program officer of ICJ-Kenya), Gitonga Murang'a (Senior Principal Prosecution Counsel at ODPP), Damaris Seina (Project Management Officer at Raoul Wallenberg Institute of Human Rights and Humanitarian Law), and Mathew Mutiso (Founder of Nanga Support Network). The event is moderated by Susan Kihara (Chief Innovations Officer at Clean Start Kenya). The date is 11th May 2022, from 19:00-20:30 EAT and 18:00-19:30 CEST. The meeting ID is 828 6356 1970. Hashtags include #CatalysingChange, #AcceleratingAction, and #Catalyst2030. The poster also mentions "FREE REGISTRATION", a phone number "+254 755 635 164", and the website "WWW.CLEANSTARTKENYA.ORG".

As a member of Catalyst 2030, we had the honour of being part of this year's Catalysing Change Week. This is the world's largest event led by social innovators and entrepreneurs to share knowledge, exchange ideas and accelerate collaborative systems change.

More than 250 sessions and activities took place during the week of May 9-13, 2022. We hosted a storytelling session on 'Alternatives to the mass incarceration of women and criminalization of poverty'. We shared:

- The experiences in the reintegration

process of women coming from prison

- The process in access to justice for women petty offenders in Kenya
 - Efforts by Clean Start to support the economic empowerment of women leaving prison
 - Clean Start's gains in efforts towards advocacy to decriminalize poverty
 - The use of alternatives to incarceration such as alternative dispute resolution, community service orders, and probation
- We got a lot of support and goodwill in accelerating our advocacy efforts and policy reforms around women incarceration.

SheForHim campaign



We are grateful to Segal Family Foundation for the invitation to attend the Wellbeing Summit in Bilbao, Spain.

THIS VALENTINES MONTH, GIFT A MAN

OUR MEN IN PRISONS NEED HELP

The situation is dire

COLLECTIONS FOR MEN'S PRISON OUTREACH NEEDED

- Toiletries** [bar soap, bathing soap (preferably medicated - protex or such), toothbrushes, toothpaste]
- Face flannels**
- Electric hair shavers/clippers**
- Plastic buckets**
- Plastic utensils** [cups and plates]
- Footwear** [Shoes/slippers/crocs all sizes from size 9 onwards]
- Books of all genres**
- Clothing** [sweaters, shirts, trousers, jackets, coats, suits, track suits, inner wear and vests]
- Spiritual materials** -books, bibles, qu'ran, personal development etc.

The facilities are congested and the men are not often remembered. Imagine being arrested and remanded and your family not knowing where you are. You have no change of clothes for weeks, even months. They are in dire need. Whatever guys can give them would be awesome.

They also need decent formal clothes for court appearances. If you know doctors, dentists, other medics, lawyers who would be willing to offer their services, these are much needed too.

Please ask friends to raid their wardrobes of clean decent stuff in presentable condition that they no longer use. The items should not need wash or repair as they do not have the facilities especially at the remand sections to sew and have limited water and soap.

Items can be dropped at **Cleanstart offices house no. 3, 31 school lane, westlands**. It is on the same road as and just near Westlands primary school.

Let's be there for the men too.

Thank you#MenMatter #She4He #OurBrothersKeeper

M-Pesa Paybill: 543268
Account: MensValentines

Clean Start | Breakthrough Leadership Transformation | Renaissance

During the month of February, we carried out a campaign aimed at collecting donations to support the men in prison. In Kenya, men's prisons are congested, and the men are in dire need of necessities.

We collected formal clothes, footwear, toiletries, books, plastic buckets and even plastic utensils, etc. These donations were presented to the men at Industrial Area Remand and will help to make their stay more humane and provide them with clothes with which to attend their hearings.



Clean Start Board Director Renee Ngamau (Sixth from the left) with Clean Start Program Managers Cippie Omollo and Jane Ouma with partners from Rotary Club and prison officers at Industrial Area Remand



The team had an opportunity to meet with the imprisoned men

Meeting with KCB Foundation

We had the honour of hosting KCB Foundation at our offices. During the session, we got an opportunity to share more about our work with the women and girls impacted by the criminal justice system. Our guests also met some of our beneficiaries who were able to give first hand testimony on the impact Clean Start had on their lives.



Clean Start Board Director Renee Ngamau (centre) with Clean Start Founder and CEO Teresa Njoroge (Right) with representatives from the Rotary Club of Madaraka



The Clean Start fraternity with the guests from KCB Foundation



Donations presented to the imprisoned men at Industrial Area Remand



The team from KCB Foundation had an opportunity to interact with our women in business

Segal Family Foundation – Africa Visionary Fellowship



Clean Start Founder and CEO Teresa Njoroge was selected for the Segal Family Foundation African Visionary Fellowship. Teresa is one among 14 candidates from East and Central Africa.

Begun in 2017, the exclusive two-year fellowship offers capacity, community, and connection to stellar individuals leading exemplary organizations. Capacity support is offered in the form of 1:1 coaching, workshops, and peer support. Fellows get connected to a community of donors and doers who support their work financially and in non-financial terms. They also join and participate in a community of like-minded changemakers.

The African Visionary Fellowship seeks to shift power and agency closer to the beneficiaries of development work and equip the fellows to devise contextual and sustainable solutions to local challenges. This fellowship will provide a unique opportunity for us to accelerate and grow our impact through the mentorship and exposure we will

receive.

Development of the Rapid Response Initiative

Clean Start in partnership with the Kenya Prisons Service is involved in the development of the Rapid Response Initiative (RRIs) which will be used as the pathway for reintegration for persons leaving prison.

Our Ufunuo Program has been selected to be the starting point in the process rehabilitation and successful reintegration.



Patrick Mwangi (centre) the Cabinet Administrative Secretary and Kenya Prisons Chair Rapid Results Initiative with Clean Start Director of the board Renee Ngamau, Founder and CEO Teresa Njoroge and Program Assistant Faith Luti (second, right)

The 2nd National Conference on Criminal Justice Reforms





Clean Start Board Director Renee Ngamau (far left) accompanied by Founder and CEO Teresa Njoroge (second, left) with Chief Justice Martha Koome (far right) and Justice Njoki Ndung'u (second, left)



Board strategy session at Radisson Blu

In Memoriam: Madam Wanini



Meeting with SisterZ of Hope & Faith, Inc



We were saddened at the death of Madam Wanini Kireri, who, at the time of her death served at the Kenya Prisons Staff Training College. Madam Wanini as she was popularly known was the first woman Commandant of Prisons having joined the Kenya Prisons Service in 1982 when she enlisted as a cadet officer.

She forever changed the treatment of imprisoned women and brought radical reforms within the correctional institutions. All of us at Clean Start will always be grateful for Hon. Wanini Kireri. We are thoughtful, we are committed, and have no doubt her legacy lives on. We will persist until we prevail. Rest in peace.



Meeting with The Fair Justice Initiative



Clean Start Board Director Renee Ngamau signs the condolence book at Madam Wanini's memorial



Madam Wanini will forever be in our hearts. Rest in peace

Media

Teresa on My First Time Podcast



<https://afripods.africa/episode/episode-1-periods-behind-bars/81167c26-e652-4d21-aeaa-9419247a600f#>

Feature in East Africa Philanthropy Network Newsletter

Chandaria Foundation partners with Clean Start to give women a second chance

By Ida Maritim East Africa Philanthropy Network (EAPN)

Valentine's Day this year was a memorable day for women serving time in Kenya. As love and roses filled the air, philanthropists, the private sector, government, non-profits, and well-wishers came together to share the joy of generosity and partnership demonstrating that no one ever becomes poor by being kind.

On the 14th of February 2022, the Langata Women's Prison received a most valuable gift – a 12 million baking and clothing unit workshop fully stocked with machines including a seed capital start-up fund workshop that will serve at least 500 inmates in its facilities. The two-wing workshop was jointly funded by Chandaria Foundation, Mabati Rolling Mills Limited (MRM) and

Angie Murenga and Teresa Njoroge - Clean Start Kenya

<https://www.eaphilanthropynetwork.org/articles/chandaria-foundation>



<https://www.youtube.com/watch?v=rm2zRWVF8XU>

How you can help

- ☀️ Advocacy
- ☀️ Influencers
- ☀️ Radical Collaboration
- ☀️ Sponsorship
- ☀️ Women capacity building
- ☀️ Team capacity building

How professional associations can help

- ☀️ Counselling and psycho-social support of women and their families
- ☀️ Legal aid
- ☀️ Apprenticeships / mentorships
- ☀️ Sponsor a girl/child
- ☀️ Team capacity building

How corporates can help

- ☀️ Sponsor events: Conferences, expo, training programs
- ☀️ Donate: laptops, foodstuffs, dignity packs for women, girls and children
- ☀️ Provide financial training and mentorship for women
- ☀️ Sponsor the building of Clean Start Center
- ☀️ Sponsor a child/girl
- ☀️ Team capacity building

- ☀️ Support a woman in the circle of healing KSH 12,000
- ☀️ Support a child living in prison with the mother at KSH 1,200 for three months
- ☀️ Support a girl through school at **KSH 50,000 per year**
- ☀️ M-Pesa Paybill - Business No. 53268 A/C No: Put Your Name / Cause you are supporting i.e Children or women
- ☀️ **Paypal:** cleanstartkenya@gmail.com

Bank Account Details

Bank Name: ABSA | Branch: Karen

Kshs. A/C Number - 2037885455

GBP A/C Number - 2040015399

USD Account Number - 2041690421



GET INTOUCH



School Lane 31, house
number 3, Westlands Nairobi



+254 735535164



www.cleanstartkenya.org

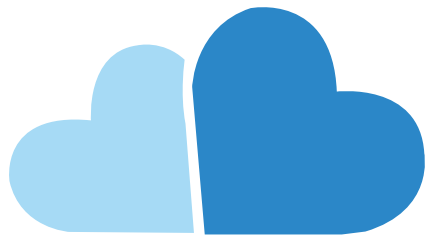


support@cleanstartkenya.org

Follow us on Social Media



@CleanStartKenya



Clean Start

Creating Second Chances

GROWTH & DIVERSIFICATION

QUARTER TWO 2022 NEWSLETTER